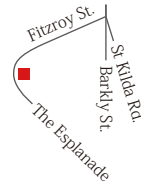


海の恵み

Blessings from the sea

豊富な知識と経験のある魚のプロが、新鮮でおいしく食べられるレストランを紹介。
We are pleased to present this new section, in which we showcase various premium seafood in Melbourne's top restaurants.



■ Crab Roll

■ Ichi-Ni Izakaya 12 The Esplanade St. Kilda

St. Kildaビーチを見渡せ、どこか懐かしいインテリアのおしゃれな人気店、居酒屋Ichi Niをご紹介します。マリニビューを楽しめる外の席も豊富にあり、これからの夏にはもってこいのお店です。地元では、カジュアルに楽しめる本格居酒屋ということで人気を博しています。

今回の料理、ソフトシェルクラブを使った寿司ロール。視覚もさることながら、サクサクの食感とカニのおいしさを楽しむことができます。カニの爪を出すことで迫力ある一品になっています。

日本ではあまり馴染みのないソフトシェルクラブですが、近年、使っているお店が増えています。元々は欧米から人気が出て、サンドイッチに挟んだりフライにして食べられるようになりました。脱皮後すぐに収穫するので、柔らかい皮ごと食べられます。泥臭さを消すために少し高めの温度でしっかりと揚げ、中はふっくら外側はカラッとした揚げたてを食べるのが、1番おいしい食べ方です。

Located on The Esplanade, St. Kilda, Izakaya Ichi-Ni has rapidly risen in popularity to become one of Melbourne's leading Izakaya. Displaying a stunning interior and magnificent bay side views, an Izakaya experience like no other awaits you.

The Soft Shell Crab Roll is one of Ichi-Ni's signature dishes, and with good reason; in taste and appearance it is absolutely irresistible. The crispy tasty crunch of the Soft Shell Crab is combined with vegetables, cucumber and lettuce, the red Tobiko (Japanese Flying Fish roe) adding another level culinary and aesthetic pleasure. There is even an edible crab claw emerging from the roll!

Soft Shell Crab isn't exactly a staple of traditional Japanese cuisine. However, it has gained enormous popularity in modern Japanese dishes. It is universally deep fried, allowing the entire crab to be eaten; shell, claws and all. The reason behind the crab's soft shell, is that they have been caught as the crabs shed their skin. With Soft Shell Crab it is important to use only high grade crabs, and to avoid cheap mud flavoured product. Oceania Seafoods ensures Ichi-Ni receives only the best available. Kudos to the chefs at Ichi-Ni who have perfected a deep frying method that ensures that their Soft Shell Crabs are cooked perfectly, crispy on the outside and tender on the inside.



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Founded 30 years. Oceania Seafoods is one of the country's largest and most reputable providers of high quality fresh and frozen seafood.